

A/B, 3, 2/29

To: Files

Subject: SI and H Experimentation, 9 December 1953.

On 9 December 1953, Wednesday, SI and H Experimentation and research was carried on in Building 13, Room 20 by Messrs. [redacted] and [redacted] and using the following as subjects: Misses [redacted] and [redacted]

A
As noted in the report at Tuesday's session, all subjects present except [redacted] were fairly new with no intensive work. Accordingly, the writer opened the session again with a general discussion and thereafter ran a slow induction on all individuals present. This was fairly successful and certain indications appeared that indicated some of the volunteers were beginning to accept hypnosis and would conceivably be good future subjects. Thereafter, [redacted] who had come in somewhat later, ran a slow induction on Miss [redacted] using an eye fixation process. This was quite successful and [redacted] reached a deep state of hypnotic sleep. [redacted] then gave [redacted] a simple PH on sleep and when the PH was worked, [redacted] responded quickly.

After some discussion, [redacted] who had arrived late, gave a slow induction to all hands which further indicated that some of the volunteers were approaching deep hypnosis. Thereafter, [redacted] attempted individual hypnosis with all volunteers except [redacted], who has worked successfully for some time. [redacted] in all cases, with the exception of Miss [redacted] was able to obtain a good sleep state. [redacted] used various methods of attention, including eye fixation, rising and falling arm with a count, etc. In [redacted]'s case, she apparently accepted the hypnosis at first and succeeded in reaching a light state but owing to an uncomfortable position in which she had fallen and the fact that [redacted] attempted an arm movement, caused her to awaken prematurely.

Since the work had started promptly at 6:00 PM, the writer terminated the session at this point which was approximately 9:00 PM.

[redacted]

[redacted]